

Arbor Counseling Center

NEW START DATE!!!

Group Now Starting February 7th, 2012, and continuing on Tuesday mornings for 12 weeks



WOMEN'S GROUP

Daughters
healing from the
effects of
difficult and
unavailable
mothers

Highlights

- ◆ 12 week group
- ◆ Book "Will I Ever Be Good Enough" will be used as a guide
- ◆ Understand the impact of growing up with a mentally ill mother (narcissistic, borderline...)
- ◆ Develop skills to overcome life long negative and potentially self defeating patterns.

Arbor Counseling Center—Gurnee

1790 Nations Drive, Suite 208

Gurnee, IL 60031

Group Leader Contacts:

Sandy Derks 847-913-0393 x127

Julie Spokane 847-913-0393 x 135

Group Fee: \$60/session. Half of full fee due prior to first session. Balance due prior to 4th session. Insurance can be utilized if pre-authorized for group coverage.

